

Conference Program

8:30 – 9:30	Registration	
9:30 – 9:45	Opening Session	Executive Board of INSA, I.P. Executive Board of FCT Nova
9:45 – 10:00	Insights on safety and innovation in Food Packaging: the last 10 years	Ana Sanches Silva, FFUC
10:00 – 11:10	Session 1: Food Packaging: Major Challenges and Outcomes	
10:00 – 10:20		Letricia Barbosa Pereira, USC
10:20 – 10:40	Active and Intelligent Films: New Insights from the Smart Pack Project	Miguel Cerqueira, INL
10:40 – 10:55	Selected presentation	
10:55 – 11:10	Selected presentation	
11:10 – 11:30	Coffee Break	
11:30 – 12:30	Session 2: Food Packaging Laws and Regulations	
11:30 – 11:50	Packaging of the future in the light of PPWR – regulations, materials, design	Larissa Copello, Zero Waste Europe (online)
11:50 – 12:10		Rafael Paseiro-Cerrato, FDA (online)
12:10 – 12:30	Regulating Nanoparticles in Food Packaging: Current Status and Future Perspectives	Victor Souza, UNL
12:30 – 14:00	Lunch Break	
14:00 – 15:10	Session 3: Food Waste and Co-Products Valorization through Packaging Solutions	
14:00 – 14:20	Project CardAPIum: Exploring Cardoon (<i>Cynara cardunculus</i> L.) by-products to obtain cutting-edge Active Packaging for food applications	Fernanda Vilarinho, INSA
14:20 – 14:40	Nano-Enabled Upcycling: From Food Waste to High-Performance Packaging	Wael Mamdouh, The American University in Cairo (online)
14:40 – 14:55	Valorizing <i>Opuntia ficus-indica</i> Residues: A Circular Economy Approach to Bio-Based Intelligent Packaging	Carolina Rodrigues, UNL
14:55 – 15:10	Selected presentation	
15:10 – 15:30	Break	
15:30 – 16:40	Session 4: Food packaging and Sustainability: Challenges and Future Prospects	
15:30 – 15:50	Waiting confirmation	Invited Speaker
15:50 – 16:10	Antioxidant Active Packaging from Food By Products: Innovative Solutions for Sustainable Food Preservation	Ana Rita Mateus, INIAV
16:10 – 16:25	Selected presentation	
16:25 – 16:40	Selected presentation	
16:40 – 17:00	Best Poster Award Wrap up – Closing Ceremony	

Organized by:



Powered by:



Scientific Committee

Alexandra Bento	National Institute of Health Dr Ricardo Jorge	Portugal
Ana Bettencourt	Faculty of Pharmacy, University of Lisbon	Portugal
Ana Luísa Fernando	NOVA University Lisbon	Portugal
Ana Sanches-Silva	University of Coimbra	Portugal
Ana Vera Machado	University of Minho	Portugal
Carla Dias	NOVA University Lisbon	Portugal
Carla Motta	National Institute of Health Dr Ricardo Jorge	Portugal
Carolina Rodrigues	NOVA University Lisbon	Portugal
Cássia H. Barbosa	National Institute of Health Dr Ricardo Jorge	Portugal
Cristina Nerín	University of Zaragoza	Spain
Fernanda Vilarinho	National Institute of Health Dr Ricardo Jorge	Portugal
Fernando Jorge dos Ramos	University of Coimbra	Portugal
Giovanna Buonocore	National Research Council	Italy
José Manuel Cruz	University of Vigo	Spain
Letícia Barbosa Pereira	University of Vigo	Spain
Mariana A. Andrade	National Institute of Health Dr Ricardo Jorge	Portugal
Mariana Coelho	National Institute of Health Dr Ricardo Jorge	Portugal
Mafalda A. Silva	National Institute of Health Dr Ricardo Jorge	Portugal
Miguel Cerqueira	International Iberian Nanotechnology Laboratory	Portugal/Spain
Paula Alvito	National Institute of Health Dr Ricardo Jorge	Portugal
Paula Duarte	NOVA University Lisbon	Portugal
Raquel Sendón García	University of Santiago de Compostela	Spain
Regiane Ribeiro-Santos	Federal Institute of Rondônia	Brazil
Ricardo Assunção	National Institute of Health Dr Ricardo Jorge	Portugal
Sidney Tomé	National Institute of Health Dr Ricardo Jorge	Portugal
Susana Bernardino	Instituto Politécnico de Leiria	Portugal
Vitor Alves	Instituto Superior de Agronomia	Portugal
Victor Souza	NOVA University Lisbon	Portugal

Organizing Committee

Ana Luísa Fernando	NOVA University Lisbon
Ana Sanches-Silva	University of Coimbra
Cássia H. Barbosa	National Institute of Health Dr Ricardo Jorge
Fernanda Vilarinho	National Institute of Health Dr Ricardo Jorge
Mariana A. Andrade	National Institute of Health Dr Ricardo Jorge
Sidney Tomé	National Institute of Health Dr Ricardo Jorge

Proceedings & Best Poster Award

All the accepted contributions will be included in the Book of Abstracts, available in digital versions for the registered participants.

A special issue entitled "Proceedings of International Food Conference on Safety and Innovation in Food Packaging 2026 (InSI-Pack II)" to report research evidence shared on 25 November 2026 will be published in a Special Issue, currently being arranged.

Authors are invited to submit Research articles; Review articles; Short communications

Deadline for manuscript submissions: 30 March 2027

Best Poster Award: The awards consist of a certificate and will be given to two posters of each session.

Where to stay?

TRYP by Wyndham Lisboa Caparica Mar
Mercure - Almada

How to get there?

The Caparica Campus is well served by the public transportation network, which includes a combination of bus, train, ferry, and light rail services (with the terminal station "Universidade" located next to one of the entrances to NOVA FCT).

Address: Faculdade de Ciências e Tecnologia
2829-516 Caparica, Portugal

Coordinates: Lat: 38.661150 | Lon: -9.205777

Public transport schedules and routes:

Metro - MTS

Train - Fertagus, CP

Bus - Carris Metropolitana, Carris

Boat - Transtejo

Call for Oral & Poster Presentations — Now Open

Key Dates:

- Abstract submission deadline: **31 August 2026**
- Acceptance notification: 22 September 2026

Submission Guidelines

- Abstracts (max. 350 words) must be submitted by **31 August 2026**.
- Each registrant may submit a maximum of two abstracts.
- At least one author must register and pay the conference fee. Failure to do so will result in exclusion of the presentation.
- Authors should indicate their topic (Food Safety or Food Packaging Innovations) and preferred presentation format (oral or poster). The Scientific Committee reserves the right to make the final decision.

Abstract Format (one page, .pdf, .docx or .doc)

- Title: capitals, Times New Roman 12pt
- Authors: presenting author underlined
- Affiliation(s)
- Text (**max. 350 words**, excluding figures/tables) — structured as: Introduction · Materials & Methods · Results & Conclusions · Acknowledgements (optional)
- Font: Times New Roman 12pt, single line spacing
- Margins: left/right 3 cm, top/bottom 2 cm
- Max. 5 keywords
- Figures or graphics may be included (optional)

Additional Requirements

- No brand names for commercial purposes.
- All abbreviations and acronyms must be defined.
- Proofread carefully — organizers will not correct spelling, grammatical, or scientific errors.

Submission

- Send your abstract by e-mail to insipack@insa.min-saude.pt, attaching the file named as AuthorName_AffiliationName.doc.
- Example: Silva_INSA.doc

All accepted abstracts will be published in the Book of Abstracts distributed to participants.

Oral and posters communications

- Oral communications should be presented in English.
- Poster should be prepared in English.
- For more information, please send an e-mail to: insipack@insa.min-saude.pt

Poster Topics:

Food Safety & Quality

- Physical and chemical hazards: measurement and assessment
- Biological hazards: risk and prevention
- Mathematical modelling of risk assessment
- Evaluation of food spoilage, food quality and shelf life
- Food packaging laws and regulations
- Food package interactions: migration measurement methods, models and food safety risk assessment

Food Packaging innovation

- Active and intelligent packaging
- Nano-packaging
- New packaging materials and material development
- Bio based and edible packaging
- Food package testing
- Sustainable food contact materials
- Recycling and Life Cycle Assessment
- AI applied to food packaging

Important dates:

Abstract submission deadline*	31 st August 2026
Notification to authors	22 nd September 2026
Early-bird registration deadline	18 th September 2026

Registration fees

	Early bird registration (up to 18 th September 2026)	After 19 th September 2026**
Participant	100 €	150 €
Student*	50 €	75 €

* Students must prove his/her status by sending a letter from a supervisor.

** Registration will be accepted until 18th November 2026 upon availability.